**9 Station Activity Score Card   
(Years Reception to Year 4)**

**Use the score card to record each pupil’s best score on all 9 stations**

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|  | **Running / Pushing Zone** | | | **Jumping Zone** | | | **Throwing Zone** | | |
| **Name** | **Station 1**  *50m* | **Station 4**  *Sack / Slalom Race* | **Station 7**  *Skipping Race* | **Station 2**  *Standing Long Jump* | **Station 5**  *Speed Bounce* | **Station 8**  *Hopscotch* | **Station 3**  *Howler / Tennis ball* | **Station 6**  *Push Throw* | **Station 9**  *Target Throw* |
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| **Teacher /Leader** |  |

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**9 Station Activity Score Card   
(Years 5-6)**

**Use the score card to record each pupil’s best score on all 9 stations**

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|  | **Running / Pushing Zone** | | | **Jumping Zone** | | | **Throwing Zone** | | |
| **Name** | **Station 1**  *75m* | **Station 4**  *Sack / Slalom Race* | **Station 7**  *Skipping Race* | **Station 2**  *Standing Long Jump* | **Station 5**  *Speed Bounce* | **Station 8**  *Standing Triple Jump* | **Station 3**  *Howler / Tennis ball* | **Station 6**  *Push Throw* | **Station 9**  *Target Throw* |
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| **Teacher /Leader** |  |

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**Activity Score Card – Running / Pushing Events**

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| **Event** |  |

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| **No.** | **Name** | **House / Class** | **Position** | **Time** |
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| **Teacher /Leader** |  |

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| **Date:** |  |

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**Activity Score Card –  
Jumping & Throwing Events**

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| **Event** |  |  | **Jumps** | **Throws** |

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| **No.** | **Name** | **House/ Class** | **Try 1** | **Try 2** | **Try 3** | **Best** |
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| **Event** |  |  | **Jumps** | **Throws** |

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| **No.** | **Name** | **House/ Class** | **Try 1** | **Try 2** | **Try 3** | **Best** |
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| **Teacher /Leader** |  |  | **Date:** |  |

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